

KONG STUFFING 101



Benefits of Kong Stuffing

When you have an energetic dog stuffed Kong's can be a life saver. It is an easy way to keep your pup busy throughout the day. It is also a great treat to leave with your pup while he is in his crate.

Below are some fun and easy Kong stuffing ideas. All you have to do is mix ingredients in the bowl, fill the Kong(s) and place in freezer (optional). I suggest preparing several at a time so that you have them available as needed.

Choose Something Spreadable and Some Flavoring



Greek Yogurt



Peanut Butter



Cream Cheese



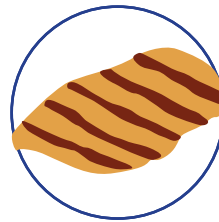
Canned Food



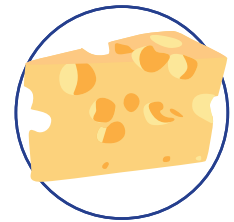
Kibble



Carrots



Chicken



Cheese

Mix, Fill and Freeze

Once you have chosen the ingredients for your dog's Kong mix them together and fill it up! For more experienced dogs freezing the Kong can be a great way to make the fun last longer. I also suggest filling several Kong's at once so that you can grab them as needed without prepping each time.